

DOD identifies Army casualty

DEPARTMENT OF DEFENSE
News Release

WASHINGTON — A 25th Combat Aviation Brigade Soldier died Saturday in southern Afghanistan.

Spc. Alex Hernandez III, 21, of Round Rock, Texas, was found unresponsive in his room Saturday in Kandahar province. The incident is under investigation.



Hernandez

Hernandez served as a door gunner with 3rd Battalion, 25th Avn. Regiment, 25th CAB, 25th Infantry Division.

Hernandez joined the Army July 8, 2009, as a test equipment operator and attended basic training at Fort Sill, Okla. He joined the 25th CAB in October 2010.

His awards and decorations include the National Defense Service Medal, Afghanistan Campaign Medal, Global War on Terrorism Medal, Army Service Ribbon, Overseas Service Ribbon, NATO Medal, and an Aviator Badge.

3rd BCT unfurls colors over American soil

Story and Photo by
STAFF SGT. AMBER ROBINSON
3rd Brigade Combat Team Public Affairs, 25th Infantry Division

SCHOFIELD BARRACKS — “Bronco Brigade” Soldiers and family members gathered on Weyand Field, here, to unfurl the unit’s colors for the first time since they were cased before their deployment to Afghanistan during the redeployment ceremony, May 11.

The 3rd Bde. Combat Team, Broncos, 25th Infantry Division, deployed to Afghanistan in support of Operation Enduring Freedom.

The brigade experienced many successes while overseas, partnering with more than 15,500 members of the Afghan Security Forces, as well as governance and development personnel. The unit was deployed to Afghanistan’s Regional Command-East and was responsible for the provinces of Nangarhar, Kunar and Nuristan.

“Congratulations to all of you on an extremely successful deployment with strategically significant accomplishments,” said Col. Richard Kim, commander, 3rd BCT. “The progress you achieved, in terms of security, development, and governance, is all the more remarkable given the terrain and conditions in which you lived, fought and mentored. Afghanistan is one of the world’s toughest battlefields, and few areas of the country are tougher than Nangarhar, Kunar and Nuristan.”

Also, special thanks were given to family readiness group leaders and rear detachment Soldiers who helped to support the brigade stateside during the deployment.

Lastly, the brigade’s wounded warriors were honored for their sacrifice. After the ceremony, all Soldiers were released to sign out for block leave.

“It will be amazing to finally get the time off after such a long year,” said Staff Sgt. Alicia Bradbury, Headquarters and Headquarters Company, 3rd BCT. “I’ll be so glad to finally get to travel and see my family.”



Col. Richard Kim (left), commander, 3rd BCT, 25th ID, and Sgt. Maj. Chris Prosser (right), 3rd BCT, unfurl the brigade’s colors for the first time since they were cased before the unit deployed to Afghanistan during the brigade’s redeployment ceremony, May 1.

See 3rd BCT, A-3

Aloha Center receives HFF award

STEFANIE GARDIN
U.S. Army Garrison-Hawaii Public Affairs

FORT SHAFTER — At the height of World War II, with the war raging at its peak, something unusual was happening near Fort Shafter. Local workers were building an oasis in the heart of the industrial munitions-production installation known as the Hawaiian Ordnance Depot.

Today, nearly 70 years later, the Historic Hawaii Foundation, or HHF, is recognizing the rehabilitation and restoration of that historic oasis, Building 330, known commonly as the Aloha Center, as one of the recipients of its 2012 Preservation Awards.

HHF presented U.S. Army Garrison-Hawaii, the U.S. Army Corps of Engineers-Honolulu District and small business contractor Alutiiq-Mele with the award at the 37th Annual Preservation Honor Awards ceremony, May 11, in Honolulu.

The awards are Hawaii’s highest recognition of projects supporting the state’s architectural, archaeological and cultural heritage, according to an HHF release.

The Building 330 rehabilitation and restoration effort was a nearly two-year, \$7 million effort to preserve Army and Hawaii cultural heritage, and also an investment in sustainability, according to Ken Hays, architectural historian, Cultural Resources Program, USAG-HI.

Hays’ job is to protect the historic properties on Hawaii’s Army installations and ensure compliance with the National Historic Preservation Act.

“It sounds like a lot of money, but when you consider a building that’s been around for 60 some years, and now it’s set for another 30 or 50 years, I think the investment is really worth it,” he said,

See AWARD, A-8



Ken Hays | Architectural historian, Cultural Resources Program, U.S. Army Garrison-Hawaii

The HHF recognized the Army’s rehabilitation and restoration of historic Building 330, pictured above, located on Fort Shafter, with a preservation award during its 37th Annual Preservation Honor Awards ceremony, May 11. After an approximately two-year rehabilitation and renovation effort, the building looks the same as it did back in the 1940s.

Corps breaks ground on Vietnam Pavilions Project

Story and Photo by
JOSEPH BONFIGLIO
U.S. Army Corps of Engineers-Honolulu District Public Affairs

FORT SHAFTER — Leaders from the U.S. Army Corps of Engineers-Honolulu District joined officials from other agencies to break ground for the new Vietnam Pavilions Project at the National Memorial Cemetery of the Pacific at Punchbowl, May 9.

Among those agencies were the American Battle Monuments Commission, the Department of Veterans Affairs, and the Hawaii Department of Land and Natural Resources.

In April, the COE awarded a construction contract to build the new pavilions to Innovative-Mira Joint Venture, of Aiea, the lead architect and designer for this project is Fung Associates, Inc. of Honolulu.

“The Army Corps of Engineers has been serving our nation for 107 years since 1905,” said Lt. Col. Douglas Guttormsen, commander, USACE-HD. “In that time, we’ve built a lot of projects in a lot of places across the Pacific. I would argue today that none of those projects is more significant or will have a more enduring legacy than the National Memorial Cemetery of the Pacific which we constructed in the late 1940s and which first opened July 19, 1949.

“Since then, we’ve had the solemn privilege to manage the construction of a number of renovations and upgrades to this monument and these hallowed grounds,” he concluded. “We’re here today to break ground and bless our latest project to honor

our Vietnam-era veterans and their sacrifices.”

The project entails constructing two new pavilions located next to the two existing flag poles which flank the processional stairs of the Honolulu Memorial, one of 25 federal memorials maintained worldwide by the ABMC.

The design of the new pavilions will be compatible with the materials, features and architectural style of the existing map galleries’ terminating pavilions. One of the two pavilions will include Vietnam War battle maps to complement the existing World War II and Korean War battle maps. The other pavilion will serve as an orientation center for the Memorial.

“With the addition of these pavilions, we will appropriately honor the service and sacrifice of those who fought in Vietnam and in particular those commemorated in the memorial’s courts of the missing,” said Mike Conley, chief of staff, ABMC.

Also, the project will provide exterior illumination to the pavilions; repair and/or replace existing walkway areas, drainage and landscaping that are affected by the construction; and improve handicap accessibility to the Memorial by adding a handicap ramp to the Mauka, or mountain side, map gallery entrance, rebuilding the handicap ramps to the restrooms to meet current guidelines, and providing an accessible parking and loading stall in the upper area of the memorial.

The actual memorial inside the ceme-

See CORPS, A-6

Hawaii residents, community urged to prepare now for hurricane season

Having a plan is key to surviving a hurricane

U.S. ARMY GARRISON-HAWAII
PUBLIC AFFAIRS
News Release

SCHOFIELD BARRACKS — Hurricane season is approaching, and it’s time for everyone to take precautionary measures.

Hawaii’s hurricane season runs from June 1-Nov. 30 and requires all residents to be vigilant and to be prepared for the worst. U.S. Army Garrison-Hawaii is preparing by conducting its annual hurricane exercise, Makani Pahili, which is Hawaiian for “strong winds,” May 29-June 8.

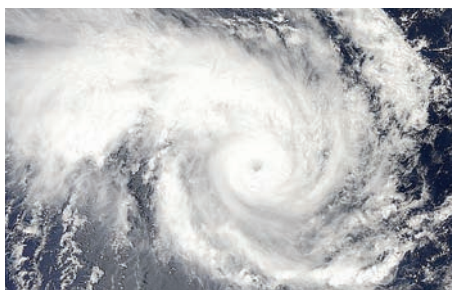
All military and civilian personnel, working or living on or off post, need know how to prepare for a hurricane, what to do if there is a hurricane and what to do after a hurricane.

Due to the isolation of Hawaii, “Ready Army,” the Army Emergency Management program’s proactive community awareness campaign, encourages all families to always be prepared.

Since hurricanes can hit Hawaii at any time, it’s extremely important for all military and civilian personnel — living on or off post — to have a three-to-five-day basic emergency supply kit,

complete with food, water and other essentials.

Supplies should be kept in an easy-to-carry emergency preparedness kit that can be used at



home or taken along in case of evacuation.

The readiness campaign focuses on three easy steps: get a kit, make a plan and be informed.

•First, get a kit.
The kit should include emergency medications; nonperishable food; a manual can opener; one gallon of bottled water, per person, per day; a battery-powered radio; a flashlight and extra batteries; bedding; clothes; copies of important documents; cash; a first-aid kit; basic household tools; and other special items for infants, pets and elderly or disabled family members.

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Bronco memorial | A-3

3rd BCT unveils memorial.



Balikatan 2012 | A-4

643rd Eng. Co. builds much-needed facilities in the Philippines.



Best warriors | B-1

Soldiers compete to be 8th TSC’s best of the best.

Asian-Pacific American Heritage Month | B-2

Yearly commemoration celebrates Asians and Pacific Islanders in the U.S.

We want to hear from you...

The Hawaii Army Weekly welcomes articles from Army or- ganizations, announcements from the general public about community events of interest to the military community, and let- ters and commentaries.

If you have newsworthy ideas or stories you'd like to write, co- ordinate with the managing edi- tor at 656-3156, or e-mail editor@ hawaiiarmyweekly.com.

The editorial deadline for ar- ticles and announcements is the Friday prior to Friday publica- tions. Prior coordination is mandatory.

Articles must be text or Word files with complete information, no abbreviations; accompanying photographs must be digital, high resolution, jpeg files with full captions and bylines.

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133 days since last fatal accident

Number represents fatal accidents as defined by Army Regulation 385-10, which is inclusive of all active component U.S. Army units and personnel. Current as of 05/17/12.

HAWAII ARMY WEEKLY

TOP COP

Burglaries continue to be major issue on post

COL. LA'TONYA D. LYNN
Director, Directorate of Emergency Services, U.S. Army Garrison-Hawaii

Welcome to Top Cop. The goal of this monthly column is to provide crime data to our military communities through-



Lynn

out U.S. Army Garrison-Hawaii and to increase awareness, which will aid in crime prevention.

The Directorate of Emergency Services, USAG-HI, uses crime statistics to determine patrol distribution and to maintain safety and security within our communities.

There have recently been a number of burglaries reported, especially on Wheeler Army Airfield. This can be a personal and victimizing crime that affects one's ability to feel secure within their community. To help prevent this crime from happening in the future, I would like to provide you with some crime prevention techniques.

First, to improve the chance of finding your items if stolen, remember to do one important thing: write down the serial numbers for all of the valuable items in your house. This provides law enforcement personal with an effective means of tracking personal items if stolen.

Second, take an active role in your community. Get to know your neighbors because they will be an extra set of

Crime Statistics	Driving under the influence
The Schofield Barracks Provost Marshal Office, or PMO, reported a total of 241 cases for north and south installations in April	Service members apprehended: 18 Family members apprehended: 2 Civilians apprehended: 1
Report any suspicious behavior or witnessed criminal acts to law enforcement personnel at Schofield Barracks at 655-7114 or at Fort Shafter at 438-7114.	
Assaults	Traffic citations
Those involving alcohol: 7 Service members apprehended: 17 Family members apprehended: 12 Unknown subjects: 2	Cell phone violations: 14 Speeding violations: 104 Failure to stop as posted: 34 No insurance: 15 Expired safety inspection: 85 No registration in vehicle: 3 Failure to register: 5 Driving without a license: 12 Expired registration: 62 Defective equipment: 7 No seatbelt: 6 Failure to use turn signal: 2 Open container: 3 Expired license: 2 Impeding traffic: 6 Failure to display front license plate: 5 Following too closely: 1 Abandoned vehicle: 3 Disregarding a traffic control device: 1
Larcenies	
Unsecured/unattended: 14 In housing area: 17 In public area: 30	
Traffic accidents	
Involving injuries: 2 Damage to property: 30	

eyes to watch for suspicious people in the community.

Third, when you leave your house or car ensure that you lock your door and that anything of value is out of sight. Enlist the help of your neighbors to watch your house to ensure that no one attempts to enter your home.

Fourth, well-lit houses will deter theft.

Most criminals will not stand in the light while they attempt to break into your house. Leave the outside lights on at night and if you have windows where there is no outdoor light, leave a small light on in the house to silhouette a potential thief.

If you are out of the house at night, I recommend you leave a TV or radio on

Failure to yield right of way at intersection: 1
Parking violations: 127
Failure to stop at red traffic signal: 2
Failure to display safety sticker: 3
Failure to display front license plate: 5
Failure to display registration sticker: 1
Inattention to driving: 1
Fraudulent use of license plate: 1
Unsafe movement: 4
No license plate: 1
Reckless driving: 2
Driving with permit and no licensed driver: 2
Driving while license suspended or revoked: 8
Failure to maintain lane: 1

Miscellaneous violations

Trespassing: 1
Failure to control pet: 8
Unattended child: 4
Endangering the welfare of a minor: 1

BACKTObASICS

QSP serves as a wake-up call for enlisted service members

SGT. MAJ. RAYON HUGHES
Sergeant Major, 25th Infantry Division

The Army imposed the enlisted Qualitative Service Program, April 1, which consists of three boards: the Qualitative Management Program Board that we are all familiar with, the Over-Strength Qualitative Service Program Board and the Promotion Stagnation Qualitative Service Program Board. This program's main purpose is to identify noncommissioned officers for involuntary early separation from service.



Hughes

The mission is simple: maintain the best quality NCOs possible to lead the NCO Corps.

This new system will allow Soldiers to continue to serve their country and for some to receive their "pink slip" and a one-way ticket to "Fort Living Room."

In other words, to stay in the Army, NCOs' duty performance and potential for continued service will be evaluated carefully to ensure that they are among the best quality of Soldiers the Army has to offer.

Many Soldiers have come to me to vent about their concerns of this new program and wonder what will happen if and when their name is called. Some Soldiers have already anticipated their separation by not buying certain items, like a new car. While no board has convened and no list has been published, it's amazing the effect this program has had. I guess it's because of the simple fact that individuals who will be considered will have no control over their future in the Army.

For my fellow comrades currently sitting in an over-strength military occupation speciality, the Over-Strength Qualitative Service Program has been mandated to lower the number of service members in select MOSs that are basically "sitting on

top of each other."

Junior NCOs will still have the opportunity for reclassification into a shortage MOS. However, some of my fellow senior NCOs will not be afforded the opportunity to continue to serve.

I encourage all NCOs who will fall in this category to ensure that your records are up to date. You have to envision/prepare for this board as if it was a senior promotion board. Your records will have to speak for you; if you do nothing to prepare your records for this "elimination process," so to speak, and then the board will do the same and send you home.

The Promotion Stagnation Qualitative Service Program determines separation when an MOSs promotion timing objectives exceed the desired Army average (promotion pin-on rates, measured in years of service). Again, this is not a board that you can physically appear before. Your records have to speak for you.

I can't stress this enough; your records have to be updated. If you have an old Department of the Army photo with the old Army Green Class A uniform, then you are out of regulation. Give yourself a fighting chance. You should already have the new Army Service Uniform. Also, make that appointment with your personnel shop to review of your enlisted record brief to ensure that it reflects what is current.

However, for some Soldiers this is a wakeup call and an end to an era. Many of us already know our records may have some infractions that may have occurred over the years, such as a senior NCO driving under the influence, that will land us on the chopping block.

We have to understand and accept some of our previous mishaps may come back to haunt us and no longer allowing us to serve our country If this is the case, then please start preparing now for a life outside the Army.

You have served your country well, but the Army is moving in another direction and it needs a strong force to survive.

FOOTSTEPS in FAITH

Seek wisdom in your life

CHAPLAIN (CAPT.) JIM MITCHEM
Squadron Chaplain, 2nd Sqdn., 14th Cavalry Regt., 2nd Brigade Combat Team, 25th Infantry Division

I love to listen to great speakers to absorb their experience and wisdom from their lives. It inspires me and drives me to seek out more knowledge and wisdom for myself. This is what God intends for us to do with our minds.

He has instructed us to do so as well as given each of us the inquisitiveness that comes with being humans. We need to remember though that wisdom is not given, it waits to be gathered and we need to be actively seeking it out.

But many people ask, "Why? Isn't ignorance bliss? It makes life easier."

Look at it this way: we can never change our past, but we can change our futures by changing our actions today. We must train ourselves to read books, listen to recordings and watch videos that bring about positive changes in our personal relationships and a greater understanding of mankind. We need to stop feeding our minds with material that breeds doubt and fear but only with that which will increase our belief in ourselves and our future.

We need to seek wisdom.

We are at a turning point in the existence of man. Some men of faith believe we are in the end times and Christ will return very soon. Others believe in doomsday prophecies such as the Mayan calendar and the destruction of the world this year. No



Mitchem

matter where your belief lie with regard to the future of this planet and humankind, you cannot argue the point things are getting worse. The world is changing.

I recently had the privilege of hearing Dr. Ravi Zacharius speak at the Hawaii National Prayer Breakfast. He quoted the famous author Malcolm Muggeridge who, in the 1970s wrote: "It is difficult to resist the conclusion that 20th century man has decided to abolish himself. Tired of the struggle to be himself, he has created boredom out of his own affluence, impotence out of his own erotomania, vulnerability out of his own strength. He himself blows the trumpet that brings the walls of his own cities crashing down until at last having educated himself into imbecility, having drugged and polluted himself into stupefaction, he keels over a weary battered old brontosaurus and becomes extinct."

Educated himself into imbecility, polluted himself into stupefaction, we have stopped seeking wisdom in our lives and in turn, we are destroying the very life that we love.

Solomon goes on to write in Proverbs 1:7: "The fear of (or reverence for) the Lord is the beginning of knowledge: but fools despise wisdom and instruction."

If you are finding yourself fearful of what tomorrow brings then seek out the knowledge and wisdom that God has made available for us. Begin with a fear, a reverence, a personal understanding and relationship with God.

Voices of Ohana

Memorial Day is May 28
"What military tradition resonates the most with you?"
Photos by Tripler Army Medical Center Public Affairs



"I like the military balls, particularly the MIA/POW table, because they remember our fallen comrades."

Paulette Bibbs
Dept. of Nursing, TAMC



"Promotion boards, because they ensure someone with the knowledge to go to the next rank is chosen."

Staff Sgt. Mary Knaff
ENT Clinic, Otolaryngology, TAMC



"The Spur Ride competition, because Soldiers have to prove they are the best to earn their silver spurs."

Sgt. Tal Wick
Allergy and Immunology Clinic, TAMC



"Reveille and Retreat because they happen every day on every post."

Staff Sgt. Andre Williams
Dept. of Health Education and Training, TAMC



"The fallen comrades table at military balls."

Staff Sgt. Christopher Watkins
Radiology Dept., TAMC

3rd BCT unveils memorial

Story and Photo by
STAFF SGT. AMBER ROBINSON
3rd Brigade Combat Team Public Affairs,
25th Infantry Division

SCHOFIELD BARRACKS — Soldiers, friends and family of the “Bronco Brigade’s” fallen heroes gathered at F Quad, here, to honor those they lost during a ceremony to unveil the brigade’s recently erected memorial, May 10.

Names of those lost in the brigade’s previous deployments to Operation Iraqi Freedom and Operation Enduring Freedom were engraved on the dark granite of the memorial. Each name on the memorial was called during the ceremony as a Soldier or family member came forward to place a single white carnation at the base to honor their sacrifice.

“Today we honor the lives of our fallen heroes and ensure their legacy lives on into the future, their names permanently etched into this granite,” said Col. Richard Kim, commander, 3rd Brigade Combat Team,

25th Infantry Division. “Though my heart is heavy with sadness looking at these 71 names, I cannot help but be infused with gratitude for their valor and selfless service, and for the lasting impact they made on those around them.”

Although the ceremony was emotional, families of the fallen who attended appreciated the sentiment provided by the brigade.

“I will never forget today and what it meant to me,” said Raul Nuncio, father of Spc. Levi Nuncio, who was lost June 22, 2011, while serving in the brigade’s recent deployment to Afghanistan.

Although the pain of loss is hard, those lost live on in the legacy they leave behind.

“Part of being a Soldier is accepting the risk that one might have to give his or her life,” Kim said. “Like our comrades in ages past, we honor our fallen as warriors for their courage, patriotism and dedication to the cause of peace and security for the greater of all citizens.”



Col. Richard Kim (second from left), commander, 3rd BCT, 25th ID; and Command Sgt. Maj. Andrew Spano, senior enlisted leader, 3rd BCT, 25th ID (far right), unveil the newly erected Bronco Memorial, May 10, with Brig. Gen. Paul LaCamera (left), deputy commander, 25th ID, and Command Sgt. Maj. Ray Devens, senior enlisted leader, 25th ID.

3rd BCT: Soldiers, families reunite

CONTINUED FROM A-1

“I wish you all a very happy and relaxing block leave,” Kim said. “Please thank your families for all of the love support and determination they have show and given you over the last year.

“You have all accomplished something

very special, of which you should be justifiably proud,” Kim concluded. “This brigade’s great history traces from World War II to Vietnam to today’s (Overseas Contingency Operations) and you have just written another glorious chapter.”



Active-duty MOH recipient Sgt. 1st Class Leroy Petry (left), HHC, 75th Ranger Regt. and liaison officer for the U.S. Special Operations Command Care Coalition-Northwest Region, pins rank on 1st Lt. Shamory Gipson, platoon leader, Battery C, 2nd Bn., 11th FA Regt., 2nd BCT, 25th ID, May 10, at PTA.

MOH recipient discusses leadership

Story and Photo by
SGT. ROBERT M. ENGLAND
2nd Brigade Combat Team Public Affairs,
25th Infantry Division

SCHOFIELD BARRACKS — Active-duty Medal of Honor recipient Sgt. 1st Class Leroy Petry visited Soldiers from the 2nd Brigade Combat Team, “Warriors,” 25th Infantry Division, May 10-12.

Petry, serving in Headquarters and Headquarters Company, 75th Ranger Regiment, as a liaison officer for the U.S. Special Operations Command Care Coalition-Northwest Region, began his visit with the Warriors with a trip to the Pohakuloa Training Area, Hawaii, May 10. While at PTA, Petry spoke with artillerymen from the 2nd Battalion, 11th Field Artillery Regt., 2nd BCT, about his views on Army leadership.

“Leadership is one of the greatest attributes you can have for your Soldiers’ sake,” Petry said. “I didn’t get to where I am today on my own; I had outstanding leaders.”

1st Lt. Shamory Gipson, platoon leader, Battery C, 2nd Bn., 11th FA Regt., said he was honored to have Petry there, even more so because Petry agreed to pin on Gipson’s newly-earned rank during a promotion ceremony.

“I’m honored to have him take the time out of his day to promote me because not everybody gets that opportunity to be promoted by a Medal of Honor recipient,” Gipson said.

Gipson added that he also appreciated Petry’s encouraging words for the “On Time” Soldiers and his genuine interest in the field artillery military occupational specialties.

“That’s the biggest thing for my Soldiers to see him and hear his stories about what he’s been through and what he’s endured,” Gipson said. “For

Petry to see my Soldiers and their training and what they do to be prepared for battle, it’s a wonderful opportunity for both.”

Following a safety briefing at Firing Point 432, Petry donned protective equipment and fired an M777 with the assistance of Soldiers from Battery C.

Petry then spoke with Hawaii Army National Guard Soldiers at PTA prior to his departure for Oahu.

Petry conducted a leader professional development forum, May 11, for Soldiers in the ranks of sergeant through colonel. During this forum, he discussed the roles of officers and noncommissioned officers as leaders.

“Officers and NCOs form a bond that serves as the glue that holds the backbone of the Army together,” Petry said. “It is a partnership of leadership working together to allow the body to perform, and when that bond is strong the body can do amazing things.”

Immediately following the forum, Petry joined 2nd BCT leadership and wounded warriors in the Warrior Inn dining facility, here, for lunch. After lunch, Petry moved back to the Sgt. Smith Theater for another forum on small unit leadership.

Petry concluded his trip to Hawaii, May 12, with a tour of Pearl Harbor and the historic USS Arizona Memorial. During the tour, Petry met with Sterling Cale, treasurer, Pearl Harbor Survivors Association and a Navy corpsman during the attacks Dec. 7, 1941. Cale spoke of his experiences during the attack. He even commented on Petry’s prosthetic hand, saying the medical and technological advances of today are excellent and give wounded veterans a better quality of life.

OPERATION SLIPPER



Cpl. Raymond Vance | 1st Joint Public Affairs Unit

MULTI-NATIONAL BASE TARIN KOT, Afghanistan — Crew members with the 25th Combat Aviation Brigade, 25th Infantry Division, along with Slovak and Australian mentors, guided members of the Afghan National army’s 4th Kandak, 205th Corp Medical Company, through a three-day course allowing them to travel to forward operating bases and train Afghan medics on medical evacuation procedures, here, recently.

During the course, students went through classroom and practical exercises of step-by-step procedures in communications, patient treatment and packaging, and ground-air evacuation, culminating in hands-on patient preparation and aircraft loading on a UH-60 Black Hawk.

DEPLOYED FORCES

‘Wolf Pack’ dedicates project

STAFF SGT. CASHMERE JEFFERSON
U.S. Army-Pacific Public Affairs

PUERTO PRINCESA CITY, Philippines — Senior leaders and the participants of the of exercise Balikatan 2012, or BK12, held a dedication ceremony to hand over newly-built classrooms, here, April 23.

Each year, Army engineer units from across the Pacific build much-needed facilities in the Philippines. The mission placed engineers side-by-side, or “shoulder-to-shoulder” — the translation for the term Balikatan — with soldiers of the Armed

This year, the 643rd Engineer Company, 84th Eng. Battalion, 130th Eng. Brigade, 8th Theater Sustainment Command, partnered with the 51st Eng. Bde., AFP, to construct buildings to be used for schools and community centers.

“It’s been a great mission and a great experience partnering with our (AFP) counterparts on this school building project,” said Capt. Orlando Craig, commander, 643rd Eng. Co. “We definitely helped an area with the need.”

The 643rd Eng. Co. built two school buildings throughout four rural barangays, or villages, here.

The projects began March 12.

Craig stressed that BK12 was instrumental in providing a great opportunity to build

good relations between the Philippine-U.S. nations.

“Dedicating these two schools will go a long way to increase the educational capacity of this area,” Craig added. “The impact on the children will be immeasurable, and none of us will ever forget what we’ve accomplished here.”

The two newly-constructed school buildings, Tagbarungis Elementary School and Inagawan National High School, located in Barangay Inagawan, here, have two classrooms each, as well as a new septic system, water catchment system and comfort room, the Philippine name for a restroom.

Lt. Gen. Juancho Sabban, commander, AFP-Western Command, emphasized the importance of the community responding to BK12’s collaborative effort in fulfilling the aspirations of the citizens of Palawan toward a prominent future in education.

“With the assistance of our American friends, we have come together because your welfare has always been our top priority, and is one to which the military has devoted time and energy,” Sabban said. “Giving our children education is like giving them life again.”

The Philippine-U.S. military have a long-standing relationship that has contributed to regional security and stability through deep-rooted cooperation.



Photo Courtesy 643rd Eng. Co., 84th Eng. Bn., 130th Eng. Bde., 8th TSC

U.S. Soldiers with the 643rd Eng. Co., 84th Eng. Bn., 130th Eng. Bde., 8th TSC, place the formwork for concrete columns with their Philippine counterparts at Inagawan National High School, recently. “Wolf Pack” Soldiers built much-needed facilities in the Philippines during BK12.

Corps: USACE-HD holds groundbreaking for Vietnam Pavilions Project

CONTINUED FROM A-1

tery grounds was built by the COE and dedicated in 1966 to honor those missing in action from World War II’s Pacific theater and the Korean War and contains wall-mounted battle maps commemorating famous battles, such as the Battle of Midway. The memorial was expanded in 1980 to bear the names of 2,504 missing service members from the Vietnam War, but battle maps from the Vietnam War were not included.

“As a Vietnam veteran, I’d like to be the voice of those who can’t be here today,” said Gene Castagnetti, director, National Memorial Cemetery of the Pacific at Punchbowl. “Over 3.5 million American men and women served in the Vietnam campaign. Five hundred and forty three thousand actually fought in country (at its peak). Of that number, 300,000 were wounded and 58,000 were killed in action.

“This was an enormous sacrifice,” he continued, adding “and we have 2,489 names listed in our Courts of the Missing. When you look at the name of this cemetery, the Hawaiian word is

Puowaina, or ‘Hill of Sacrifice,’ it is appropriate to honor the American sacrifice in that era for the noble cause of Vietnam. Today we honor those veterans and today’s ceremony shows that they are not forgotten.”

Memorial Access

During construction of the new pavilions and handicap accessibility improvements, public access to portions of the National Memorial Cemetery of the Pacific at Punchbowl may be limited. However, access to the Memorial chapel, columbarium, and all gravesites will not be affected.

The Committal Services, interments and burials conducted by the Department of Veterans Affairs, National Cemetery Administration will continue without interruption.

Project completion is scheduled for November 2012.



Leaders from USACE-HD joined officials from the Veterans Administration, the ABMC, and others to break ground and bless the new Vietnam pavilions project at the National Memorial Cemetery of the Pacific at Punchbowl, May 9. From left to right are: Andrew Kohashi, chief, Military Branch, USACE-HD; Jason Tanaka, project manager, USACE-HD, Mike Gangloff, contractor; Michael Conley, chief of staff, ABMC; Gene Castagnetti, director, National Memorial Cemetery of the Pacific; Lt. Col. Douglas Guttormsen, commander, USACE-HD; Thomas Sole, director, U.S. Memorials; Louis Fung, project architect and president Fung Associates; Paul Wong, contractor and William Tam, deputy director, Hawaii DLNR.

HUREX: ‘Ready Army’ has tips on getting a kit, making a plan, staying informed

CONTINUED FROM A-1

- Then, make a plan.

Meet with all family members to make a plan and discuss how to prepare and respond to emergencies that are most likely to happen at home, school or work. Identify responsibilities for each member of the household and plan to work together as a team.

A family communications plan is also necessary; each household member should know how to reconnect with the family. Be sure to also make advance preparations for any pets or people with special health needs.

Prepare an evacuation plan that identifies two places to go if told to evacuate, one within and one outside the neighborhood, like a friend’s home or a shelter.

Store all emergency information on a card that can fit into a wallet. The card should contain each household member’s work, school and cell phone numbers.

In addition, this card should contain the two meeting places and a contact number for someone out of the state.

An out-of-state contact may be needed if local phone lines are overloaded or out of service during an emergency. Sometimes, sending a text message or calling long distance to this central contact person may be accomplished easier during an emergency.

- Finally, always stay informed of the current and future situation.

Get a good map and be familiar with the community’s inundation zones. Listen to local media or National Oceanic and Atmospheric Administration broadcasts for the latest storm conditions.

If advised to evacuate, do so immediately. If

evacuating to a Red Cross shelter, bring the family disaster supplies kit.

Keep listening to the radio for Civil Defense announcements that state which shelters are open.

If anyone relocates after a major disaster

andhas not been able to reconnect with family, he or she can register at www.redcross.org or call 866-GET-INFO (866-438-4636) to register on the “Safe and Well” website, which informs family and friends of whereabouts and

reconnection plans.

For more information about hurricane preparedness, contact the Hawaii Chapter of the American Red Cross at 739-8114, or visit www.hawaiiiredcross.org.

Safe Havens The following is a list of emergency shelters and their corresponding communities: Schofield Barracks •A Quad — 500th MI Bde. Buildings 130 and 131 Location: Corner of Waianae and A roads Housing communities: Canby and Solomon •B Quad — 2nd BCT Buildings 155, 156, 157 and 158 Location: Corner of Waianae Avenue and Jecelin Street Housing communities: Canby and Solomon •C Quad — 3rd BCT Building 355 and 357 Location: Corner of Foote Avenue and Flagler Road Housing communities: Canby and Solomon •E Quad — 3rd BCT Buildings 550, 551, 552 and 549 Location: Corner of Waianae Avenue and Heard Street Housing communities: Canby and Solomon •F Quad — 3rd BCT Buildings 649 and 650 Location: Corner of Waianae Avenue and Lewis Street Housing Communities: Hamilton I, II and	Sante Fe •45th Sust. Bde. Building 881 Location: Corner of Cadet Sheridan and Menoher roads Housing communities: Hamilton I, II and Sante Fe •45th STB Building 3004 Location: Lyman Road Housing communities: Porter and Kalakaua •2nd BCT Buildings 2086, 2087, 2088 and 2089 Location: Corner of Flagler and Aleshire roads Housing communities: Porter, Solomon and Kalakaua Wheeler Army Airfield •25th CAB Building 844 Location: 1055 Santos Dumont Ave. Building 835 Location: 1735 Wright Ave. Building 100 Location: 400 block Latchum Road Housing community: Wheeler HMR •45th Sust. Bde.	Building P1 Location: 173 Romero Rd. Building 25 Location: 441 Romero Rd. Building 300 Location: 100 Romero Rd. Housing community: HMR Fort Shafter •500th MI Bde. Building 665 Location: Fitness Center Housing community: AMR and Red Hill •94th AAMDC Building 660 Location: Bowling Alley Housing community: AMR •USARPAC STB Building 500 Location: Richardson Theatre Housing community: Red Hill •516th Sig. Bde. Building 1292 Location: Tunnel Housing communities: Fort Shafter and AMR Rim Tripler Army Medical Center •Building 300 Location: Fitness Center Housing communities: TAMC and AMR Rim
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Wiercinski discusses challenges, successes during HMAM

Story and Photo by
STAFF SGT. CASHMERE JEFFERSON
U.S. Army-Pacific Public Affairs

WAIKIKI — The Army’s top commander in the Pacific told a gathering of Hawaii’s leading business and civic leaders that training Soldiers and taking care their families are his top priorities as the nation’s focus shifts to the Asia-Pacific region.

Speaking at the 27th Annual Military Recognition Luncheon at the Hilton Hawaiian Village, here, May 10, Lt. Gen. Francis Wiercinski, commander, U.S. Army-Pacific, said that while the Army’s long-standing commitment to Hawaii remains strong, contentious issues surrounding training and the positioning of forces forward remain a key challenge for the Army in the Pacific.

“I have a moral obligation to ensure our Soldiers are trained and ready,” Wiercinski told the crowd of nearly 1,000 people in attendance.

Wiercinski noted the Army brings more than \$700 million in federal contracts annually to Hawaii businesses and then has to spend millions more to train Hawaii-based troops in other states because of restrictions on local training areas. Wiercinski would like to see those troops train closer to home to increase their time with family while reducing the cost to the American taxpayer.

“We need to be able to train and deploy from wherever we place our forces,” Wiercinski said. “We must also know that our families are being cared for so that we can do our job with a clear mind. To do that, I need your help.”

Among the day’s highlights were musical performances by the 25th Infantry Division’s “Tropic Lightning” Band and the presentation of Outstanding Contributions in Community Service awards, which included 1st Sgt. Raymond Myers, U.S Army Replacement Detachment, USARPAC.

Myers and other service members proudly accepted awards for selflessly devoting thousands of hours of personal time in the local community, mentoring at schools, coaching sports, serving meals to the homeless, cleaning beaches and trails of debris and other worthy causes.

When it came time for keynote speaker Wiercinski to take the stage, he began by presenting lei to Hawaii’s next generation of military leaders, recognizing high school seniors from across the state who are the 2012 Appointees to the Military Service Academies, including his alma mater, the U.S. Military Academy.

Wiercinski began his keynote address with the presentation of a video that recapped the Army’s legacy in Hawaii and across the Pacific and current threats to our national security, while a map of the USARPAC area of responsibility was distributed to every attendee.

“Our nation is currently refocusing on the Asia-Pacific,” Wiercinski said. “The fact is, we never left. This region has been vital to the U.S. economy and security since the 19th century.”

Wiercinski pointed to the recent success of the Asia-Pacific Economic Cooperation, or APEC, forum, November 2011, and other global events that have renewed the world’s attention to Hawaii and the Asia-Pacific region.

“The world sees Hawaii as even more vital for U.S. military forces,” Wiercinski said, “The world’s three largest economies are in our (area of operations).”

On the local front, Wiercinski noted the Army’s outstanding record of environmental and cultural stewardship throughout Hawaii.

“The Army spends millions helping preserve the aina (or land),” Wiercinski said.

The Army protects more than 100 endangered species and 1,000 archaeological sites and historic structures throughout the state and has won numerous national awards for these efforts.

Hawaii is home to the largest Army garrison in the Pacific and includes 20 installations from the Big Island to Kauai and includes six major training areas.

Like many Soldiers before him, Wiercinski told the crowd that Hawaii is his adopted home.

“I’m planning to live the rest of my life in Hawaii” he said. “I’m a kamaaina. I’ve been traveling for the past 30 years, but Hawaii is home.”



More than 400 Soldiers, Sailors, Marines, Airmen and Coast Guardsmen gathered at the Hilton Hawaiian Village in Waikiki, May 10, to honor seven service members who were recognized for their contributions to community service during the 27th Annual Military Recognition Luncheon.

News Briefs

Send announcements for Soldiers and civilian employees to community@hawaiiarmyweekly.com.

Today
Army Commemoration
— U.S. Army-Pacific invites Soldiers, Army civilians and gov-

ernment contractors, retirees, ROTC cadets and family members to celebrate 237 years of Army tradition at the Army Commemoration, 6 p.m., June 15, at the Hilton Hawaiian Village Hotel’s Coral Ballroom, Honolulu. The evening includes dining, dancing and entertainment. Attire for military is Army Dress Blues/Mess; for civilians, formal evening wear.

Tickets are \$75 (vegetarian), \$80 (chicken) and \$85 (beef)

each, depending on entrée. Call 366-3557 for ticket information or visit www.usarpac.army.mil/237Birthday. Ticket sales end June 8.

19 / Saturday
Living History Day — The U.S. Army Museum of Hawaii, Fort DeRussy, Waikiki, will commemorate Armed Forces Day, 10 a.m.-3 p.m., May 19.

See **NEWS BRIEFS A-8**

Award: Building 330 restoration receives HHF recognition, honor

CONTINUED FROM A-1

adding much of the cost came from bringing the building up to current security requirements. Today the building is much stronger than it was in the 1940s, but still looks the same. The team took great care preserving the details — from the original windows and doors, to the siding, roof and paint colors.

“There was a lot of thought put into the building’s design, and that’s why we put the effort back into it,” Hays said. “(Building 330) is really one of our best designed buildings at Fort Shafter ... It has a refinement to it, and a beauty.”

The building served as the headquarters for the Hawaiian Ordnance Depot. It was the work of famous Hawaii landscape architect Robert Thompson, whose other projects included Tripler Army Medical Center, Doris Duke’s Shangri La, the governor’s mansion at Washington Place, and the National Memori-

al Cemetery of the Pacific at Punchbowl. Thompson’s touches on Building 330 included the use of special molds to make the concrete walls look more like a brick building; large, plentiful windows for natural lighting and ventilation; a courtyard; outdoor hallways; and a formal flowering garden complete with trellises

adorned with flowering vines. Quality of life then was just as important then as it is today. Everything was beautiful and green to promote a healthy working environment, Hays pointed out, right down to the outdoor hallways that are typical Hawaii design. “You didn’t stay cooped up all day,” he said.

“You had to go outside to see someone down the hall, and when you did, you could enjoy the garden.” Building 330 is USAG-HI’s tenth project to receive HHF recognition. This year the Army also received a Centennial Recognition for Battery Randolph in Waikiki.

News Briefs

CONTINUED FROM A-7

Events include military memorabilia, re-enactors in period uniforms from the Civil War, the Spanish-American War and Vietnam; and hands-on displays of military artifacts. Email judith.a.bowman.civ@mail.mil or call 438-2822.

24 / Thursday
TARP Training — Hawaii’s Army Counterintelligence Office holds monthly Threat Awareness and Reporting Program, or TARP, training throughout different locations in Hawaii. All classes begin at 9 a.m. Dates and locations for upcoming classes follow:

- May 24, Main Auditorium, Camp Smith.
- June 7, 9th Mission Support Command Auditorium, Fort Shafter Flats.
- June 21, Main Post Conference Room, Schofield Barracks.
- June 28, Main Auditorium, Camp Smith.

Call 655-1306/9501.

PTA Change of Command — Lt. Col. Rolland Niles, commander, U.S. Army Garrison-Pohakuloa Training Area, will relinquish command to Eric Shwedo at PTA, 10 a.m., July 10. RSVP by June 24 to shiela.y.yangilmau.civ@mail.mil or call 969-2423/2426/2428. Attire is duty uniform for military and aloha attire for civilians.

Ongoing
Road Closures — Now through May 2013, work will be underway on sections of Macomb/Austin Road and 7th Street, Schofield Barracks. The south section of Macomb Road, as well as Chamberlain Road will be closed; 7th Street will be one-way down to Wisser. Two-way traffic will commence over Artillery Hill onto Parks and Macomb roads. Motorists are advised to expect delays and use caution while driving through these affected work areas. Call 438-1238.

Conference Room Availability — The Tropic Lightning Museum on Schofield Barracks now has a multi-purpose conference room available for conferences, briefings, training, meetings and special events. The conference room can accommodate up to 50 people and is available 8:30 a.m.-3:30 p.m., Monday-Friday. To schedule an event, call 655-0438.

Charging of Electric Vehicles — Soldiers, civilians and family members are reminded that it is illegal to use government-procured electricity to charge their personally owned vehicles. That is considered stealing, and will be treated as such by law enforcement. bill.lenharr@us.army.mil or call 656-1153. US Army Garrison-Hawaii has begun discussions with the Army and Air Force Exchange Service about establishing commercial charging stations available for customers to purchase battery charging.



Warrior CHALLENGE-D

Sgt. Erik Williams, heavy construction equipment operator for the 561st Eng. Co., 84th Eng. Bn., 130th Eng. Bde., 8th TSC, pulls security

for a wounded Soldier during the medical portion of the 8th TSC’s Warrior Challenge, at Area X on Schofield Barracks, May 8. The four-

Spc. Tiffany Dusterhoft | 8th Theater Sustainment Command Public Affairs
day challenge included a physical training test, an appearance before a board, and a weapons qualification.

8th TSC Warrior Challenge pushes Soldiers to the max

SGT. 1ST CLASS DAVID WHEELER
8th Theater Sustainment Command Public Affairs
SCHOFIELD BARRACKS — A map maker, a military policeman, and a military journalist were walking up a hill.

No, this is not the start to a really bad joke, but one of the scenes during the 8th Theater Sustainment Command’s Warrior Challenge, held here, May 8-11.

The senior noncommissioned officers of the 8th TSC used their past Warrior of the Year competition experiences to create a challenging contest for this year’s contestants.

“We wanted many different events to challenge the Soldiers both physically and mentally,” said Master Sgt. Jonathan Napier, NCO in charge of the Warrior Challenge and also NCO in charge of schools for the 8th TSC.

The four-day challenge included a physical training test, an appearance before a board, a written test and essay, weapons qualification, combatives, and ruck marches, and other events crammed into a mentally and physically challenging few days.

“The competition is a great mix of events,” said Sgt. Thomas Calhoun, competitor and, ultimately, the runner-up for the NCO’s portion of the competition. Calhoun is with the 558th Military Police Company, 728th MP Battalion, 8th MP Brigade. “It helped show me

what I need to work on to be a better NCO.”

Although the competition helped bring the competitors to a higher level, the whole process is helping shape the future leaders of the Army.

“Ten months ago when I started prepping for the competition, I had a good knowledge base, but I didn’t know then what I know now,” said Sgt. Erik Williams, competitor from the 561st Engineer Co., 84th Eng. Bn., 130th Eng. Bde. “The competition is making me grow as a NCO giving me both book knowledge and experience that will allow me to better help my Soldiers.”

Although every competitor wants to be named the winner, getting to this level of competition is also a prize for most of the participants.

“If you told me when I joined the Army almost two years ago, that in 22 months I would be competing in the warrior challenge, I wouldn’t believe you,” said Spc. Cassandra Thondique, competitor and runner-up from the 558th MP Co. “Win or lose, I am competing against the best of the best, and it’s the greatest feeling ever.”

After the action-packed week, the winners were announced in a ceremony at Area X, here.

Pfc. Jose Figueroa, 536th Support Maintenance Co., 45th Sust. Bde., was named Soldier of the Year; and was Williams was named NCO of the Year.

Williams and Figueroa will now compete in U.S. Army Pacific Command’s competition in a few

See WARRIOR B-6



Sgt. 1st Class David Wheeler | 8th Theater Sustainment Command Public Affairs

Pfc. Jose Figueroa, equipment parts and records specialist for the 536th Spt. Maint. Co., 45th SB, 8th TSC, pulls security at the Warrior Challenge.



Spc. Tiffany Dusterhoft | 8th Theater Sustainment Command Public Affairs

Spc. Cassandra Thondique, military police officer, 558th MP Co., 728th MP Bn., 8th MP Bde., 8th TSC, completes a sit-up during a physical fitness test during the 8th TSC’s Warrior Challenge competition, at Area X on Schofield Barracks.



Today
Ten Mile Race around Wheeler — Deadline is 4 p.m., Aug. 9, to register for this race; race starts at 6:45 a.m., August 19, WAAF.

The following are eligible to enter: active duty Soldiers, retired Soldiers, other military working or residing on an Army installation, National Guardsmen, Army Reservists and their adult family members (18 and older), and Department of Defense and Army and Air Force Exchange Service civilians working on an Army installation in Hawaii.

Active duty Soldiers with the fastest race time will be considered for Team Army Hawaii that will enter the Army Ten-Miler in Washington, Oct. 24.

Interested active duty Soldiers must submit their commander's authorization to be considered for the team.

Register and pay fees at the fitness centers at Schofield Barracks and Fort Shafter.

Call 656-0086 or email james.h.burghardt.naf@mail.mil.

Intramural Sports — USAG-HI's Sports Office is now accepting applications for the Army Hawaii men's and women's volleyball leagues and the Army Hawaii's men's and women's 30 and Older Basketball Tournament.

Entry deadline for volleyball is May 18.

Entry deadline for basketball is June 29. Call 655-0856/9914.

Bowling Specials — USAG-HI's bowling centers offer a variety of specials for all ages, including Cosmic Bowling for teens and Friday Night Fever.

Military spouses can bowl free this month in honor of military spouses, Monday-Friday, with proper ID.

Call 438-6733 (Fort Shafter) or 655-0573 (Schofield Barracks) for this and other bowling specials.

Military Spouse Appreciation Day bowling special:

- Fort Shafter Bowling Center, noon-4 p.m.
- Schofield Bowling Center, 1-5 p.m.

Special is offered provided lanes are available and can't be combined with additional discounts or offers. Shoe rental isn't included.

Friday Night Entertainment Series — See new acts each week at 8 p.m., Kolekole Bar and Grill, Schofield Barracks. Pau hana specials

HAWAII ARMY WEEKLY

run before the show. Call 655-4466.

- 1st Friday is Comedy Night (for mature audiences only).
- 2nd Friday is live bands.
- 3rd Friday is Colby Benson Band.
- 4th Friday is Taking Care of Business Band.

All Army Sports — The USAG-HI Sports Office is now accepting applications for men's and women's golf, marathon and softball, men's rugby and women's soccer.

Call 655-0856/9914.

19 / Saturday
Saturday Night Spotlight — The Saturday Night Spotlight's schedule at Kolekole Bar and Grill, Schofield Barracks, follows:

- 1st Saturday, Old School Soul Night with deejay Bennie James.
- 2nd Saturday, Country Night with Nashville Waikiki's deejay.
- 3rd Saturday, Hip-Hop/R&B Night.
- 4th Saturday, Karaoke Night.
- 5th Saturday, Jazz Night.

21 / Monday
Free Hula Classes — The Native Hawaiian Liaison Office, USAG-HI, conducts free hula classes for Soldiers and families.

Beginner classes are 5-6 p.m.; advanced classes are 6-7 p.m.

Call 655-9694 or email nhliaison@gmail.com.

Class dates follow:

- Mondays, Kalakaua Community Center, Schofield Barracks.
- Tuesdays, AMR Community Center.

Asian-Pacific American Heritage Month — This yearly commemoration celebrates Asians and Pacific Islanders in the U.S.

The "Asian Pacific Islander" designation encompasses more than 50 ethnic or language groups.

Today, Asian-Pacific Islanders make up 4 percent of the active and reserve force of the Army and 2 percent of the National Guard.

USAG-HI's DFMWR has planned the following events:

- Pacific Tattoos, 6:30-7:30 p.m., May 21, Sgt. Yano Library, Schofield Barracks. A local tattoo artist will discuss Pacific tattoos. Must be at least 18 years of age to attend. Call 655-655-8002 to register.
- Samoan Art, 4:30-5:30 p.m., May 24, Fort Shafter Library. Learn about Samoan art and culture with a hands-on program. Make your own fabric print; keiki will get artificial arm band tattoos. Call 438-9521 to register.
- Hanafuda, 5-7 p.m., May 29, Sgt. Yano Library. Learn to play Hanafuda, a traditional Japanese card game; cards will be provided. Open to ages 12 and up. Call 655-655-8002 to register.

22 / Tuesday
Financial Readiness Program — A financial counselor is available at the Fort Shafter ACS office, Room 111, every Tuesday until further

19 / Saturday
Tsunami Preparedness — Learn how to prepare for emergencies in the home, workplace and at school, 10:30 a.m., May 19, Kapolei Public Library, 1020 Manawai St. Get the latest information about the recently revised Tsunami Evacuation Zones. This one-hour program is intended for adults but all ages are welcome to attend. The program will include a question-and-answer session. Call 693-7050.

Waikiki Artfest — This event features 80 artists and handcraft artisans, 9 a.m.-4 p.m., May 19-20, Kapiolani Park, Honolulu. Email tropicalcottons@aol.com.

Bon Dance — Learn how to Bon dance and see performances by three Bon dance groups, 2-4 p.m., May 19 at the Hawaii State Library, 478 South King St., Honolulu. Participants who have happi coats or yukatas are encouraged to wear them and join in the dance festival. Free; suitable for all ages. Call 586-3499.

20 / Sunday
Bluegrass Hawaii — Jam with this group, 1-4 p.m., May 20, St. Stephen's Episcopal Church, 1679 California Ave., Wahiawa. All who enjoy acoustic bluegrass, newgrass, mountain, roots, traditional country, Hawaiian, Americana, folk, Western, Celtic and Irish music are invited to

The state of Hawaii has declared the month of May as Hawaii Military Appreciation Month to honor Hawaii-based troops and their families.

Local government officials and business and civic leaders, along with military leadership, have planned the following events:

Honolulu Zoo — Located at 151 Kapahulu Ave., the Honolulu Zoo will host a free day for all military ID cardholders and their families, 9 a.m.-2 p.m., May 19. One ID cardholder can bring the entire family. Free entrance for military ID cardholders will be located at the Monsarrat Gate. A free shuttle departs at 9 a.m. from the Bowling Center, Schofield Barracks. Call 655-0002 to registration for transportation.

For Joint Base Pearl Harbor-Hickam shuttles, call 423-3215; for Marine Corps Base Hawaii, Kaneohe shuttles, call 257-8832. For general information, email ota.elaine@yahoo.com or call 486-9640.

Living History Day — The U.S. Army Museum of Hawaii, Fort DeRussy, Waikiki, will commemorate Armed Forces Day, 10 a.m.-3 p.m., May 19, with re-enactors in period uniforms and displays of military memorabilia. Call 438-2822.

Polo — The Army will play the Navy, noon, May 27, at Mokuleia Polo Field.

notice to help with financial actions other than Army Emergency Relief loans.

To make an appointment, call 438-9285.

23 / Wednesday
Kids \$1.99 Meal — Every Wednesday night, keiki under 10 can eat for \$1.99 at the Kolekole Bar and Grill at Schofield Barracks or Mulligan's Bar and Grill at the Hale Ikena, Fort Shafter.

25 / Friday
Hawaiian Luau Lunch Buffet — Every last Friday of the month at the Hale Ikena, Fort Shafter or Kolekole Bar and Grill, Schofield Barracks; cost is \$12.95 per person. Call 438-1974 (Hale Ikena) or 655-0660 for (Kolekole Bar and Grill).

27 / Sunday
Hawaiian Canoe Paddling — Enjoy the coastline with Outdoor Recreation, 6:30-11 a.m., May 27; cost is \$54. To register, call 655-0143.

31 / Thursday
Learn a Language — Start learning one of 80 languages via Transparent Language Online for personal enrichment and recreation, 1:30-5:30 p.m., May 31, Sgt. Yano Library, Schofield Barracks. Free; open to all active duty Soldiers, family members and Department of Defense civilians. Call 655-8001.

June 1 / Friday
Right Arm Night — Purchase tickets for this event, 4 p.m., June 1, at the Hale Ikena, Fort Shafter. This is an adult event. Call 438-1974.

16 / Saturday
Army Birthday Celebration — Continue celebrating the Army's

The symposium is included with museum admission, and is free to museum members, and open to the public.

Also, June 2, the Museum will unveil its new 40-foot diorama of "The Battle of Midway."

Visit www.PacificAviationMuseum.org.

8 / Friday
King Kamehameha Day — This colorful celebration honors the reign of King Kamehameha, who was responsible for uniting the Hawaiian Islands under his rule in 1795. Visit http://hawaii.gov/dags/kamehameha for a listing of events or call 586-0333. Events celebrating the holiday follow:

- June 8
 - 3:30 p.m.: King Kamehameha statue lei-draping ceremony in front of Aliilani Hale.
- June 9
 - 9 a.m.: 96th Annual King Kamehameha Celebration Floral Parade. The parade proceeds from Iolani Palace to Kapiolani Park and traverses from downtown through Waikiki, and ends at Kapiolani Park. Features floral floats and pau riders (elegantly dressed women riding lei-draped horses).
 - 10 a.m.-4 p.m.: King Kamehameha Celebration Hoolaulea (block party), Kapiolani Park, with live entertainment, food booths, cultural demonstrations and educational exhibits.

COMMUNITY

worship Services

Additional religious services, children's programs, educational services and contact information can be found at www.garrison.hawaii.army.mil. (Click on "Religious Support Office" under the "Directorates and Support Staff" menu.)

- AMR: Aliamanu Chapel
- FD: Fort DeRussy Chapel
- HMR: Helemano Chapel
- MPC: Main Post Chapel, Schofield Barracks
- PH: Aloha Jewish Chapel, Pearl Harbor
- SC: Soldiers' Chapel, Schofield Barracks
- TAMC: Tripler Army Medical Center Chapel
- WAAF: Wheeler Army Airfield Chapel

Buddhist Services
•First Sunday, 1 p.m. at FD
•Fourth Sunday, 1 p.m. at MPC Annex

Catholic Mass
•Thursday, 9 a.m. at AMR
•Saturday, 5 p.m. at TAMC, WAAF
•Sunday services:

- 8:30 a.m. at AMR
- 10:30 a.m. at MPC Annex
- 11 a.m. at TAMC

•Monday-Friday, 11:45 a.m. at MPC and 12 p.m.TAMC

Gospel Worship
•Sunday, noon. at MPC
•Sunday, 12:30 p.m. at AMR

Islamic Prayers and Study
•Friday, 1 p.m. at MPC Annex
•Friday, 2:30 p.m., TAMC
•Saturday and Sunday, 5:30 a.m.; 6, 7 and 8 p.m. at MPC Annex

Jewish Shabbat (Sabbath)
•Monday, 6 p.m. at PH (Bible Study)
•Friday, 7:30 p.m. and Saturday, 8:15 a.m. at PH

Pagan (Wicca)
•Friday, 7 p.m. at MPC Annex

Protestant Worship
•Sunday Services

- 9 a.m. at FD, MPC and TAMC chapels
- 9 a.m. at WAAF chapel, Lutheran/Episcopalian
- 10 a.m. at HMR
- 10:30 a.m. at AMR

Single Soldiers' Bible Study
•Wednesday, 11:30 a.m. at SC; lunch is provided.

Worship Service
•Sunday, 6 p.m. at SC.

community Calendar

Send announcements a week prior to publication to community@hawaiiarmyweekly.com.

Today
Facebook Town Hall — Do you have ideas about how to make the U.S. Army Garrison-Hawaii community better? Do you have questions about USAG-HI services, facilities or support?

If so, get ready for the next online Facebook Town Hall, hosted by Col. Douglas Mulbury, commander, USAG-HI, May 29, 6-7:30 p.m. at www.facebook.com/us-aghawaii, under the "Events" tab. All Soldiers, family members, retirees and civilians in U.S. Army-Hawaii can ask questions, address concerns and get responses.

If your question does not pertain to the public at large, email the Interactive Customer Evaluation System, or ICE, at http://ice.disa.mil, or Ask the Garrison Commander at AskTheCommander.usaghi@us.army.mil.

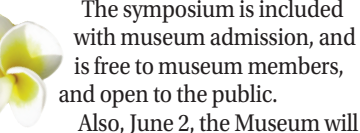
For more information, email lacey.a.justinger.civ@mail.mil or call 656-3153.

jam or sing or clap along. Musicians of all skill levels are welcome to attend with their acoustic stringed instruments. Visit www.BluegrassHawaii.com.

28 / Monday
Lantern Floating Ceremony — Thousands will gather, 6:30 a.m., May 28, at Ala Moana Beach Park for this annual ceremony that honors those who gave their lives in conflict. Event allows for reflection on the memories of loved ones and dedicates prayers for a peaceful and harmonious future. Free and open to all. Visit www.lanternfloatinghawaii.com.

Military Appreciation Day — Active duty, retired and National Guard service members and their families get free admission to the 50th State Fair, noon-closing, May 28, Aloha Stadium. Fair runs May 25-June 24, weekends only. Visit www.ekfernandez.com.

June 2 / Saturday
Battle of Midway — To commemorate the 70th Anniversary of the Battle of Midway, the Pacific Aviation Museum Pearl Harbor is featuring a Midway Symposium, 9 a.m.-5 p.m., June 2-3.



Visit www.PacificAviationMuseum.org.

8 / Friday
King Kamehameha Day — This colorful celebration honors the reign of King Kamehameha, who was responsible for uniting the Hawaiian Islands under his rule in 1795. Visit http://hawaii.gov/dags/kamehameha for a listing of events or call 586-0333. Events celebrating the holiday follow:

- June 8
 - 3:30 p.m.: King Kamehameha statue lei-draping ceremony in front of Aliilani Hale.
- June 9
 - 9 a.m.: 96th Annual King Kamehameha Celebration Floral Parade. The parade proceeds from Iolani Palace to Kapiolani Park and traverses from downtown through Waikiki, and ends at Kapiolani Park. Features floral floats and pau riders (elegantly dressed women riding lei-draped horses).
 - 10 a.m.-4 p.m.: King Kamehameha Celebration Hoolaulea (block party), Kapiolani Park, with live entertainment, food booths, cultural demonstrations and educational exhibits.

This Week at the MOVIES Sgt. Smith Theater

Call 624-2585 for movie listings or go to aafes.com under reeltime movie listing.



The Hunger Games

- Fri., May 18, 7 p.m.
- Sat., May 19, 7 p.m.
- Sun., May 20, 2 p.m.
- Thu., May 24, 7 p.m.

American Reunion

- Sat., May 19, 4 p.m.

American Reunion

- Wed., May 23, 7 p.m.

Calendar abbreviations	AFTB: Army Family Team Building	EFMP: Exceptional Family Member Program	SKIES: Schools of Knowledge,
8th TSC: 8th Theater Sustainment Command	AMR: Aliamanu Military Reservation	FMWR: Family and Morale, Welfare and Recreation	Inspiration, Exploration and Skills
25th ID: 25th Infantry Division	BCT: Brigade Combat Team	FRG: family readiness group	TAMC: Tripler Army Medical Center
ACS: Army Community Service	BSB: Brigade Support Battalion	HMR: Helemano Military Reservation	USAG-HI: U.S. Army Garrison-Hawaii
AFAP: Army Family Action Plan	Co.: Company	IPC: Island Palm Communities	USARPAC: U.S. Army-Pacific
	CYSS: Child, Youth and School Services		WAAF: Wheeler Army Airfield

No shows on Mondays or Tuesdays.



Gabriel Iglesias performs in front of hundreds of service members at Ward Field, at Joint Base Pearl Harbor-Hickam, May 10.

Heroes meet through laughter

Story and Photo by
SPC. MARCUS FICHTL
8th MP Brigade Public Affairs,
8th Theater Sustainment Command

JOINT BASE PEARL HARBOR-HICKAM — Comedian Gabriel Iglesias and the Air Force Reserve Band lit up the warm Hawaiian night with laughter and music for hundreds of service members and their families on Ward Field, here, May 10.

The show is part “Tour for the Troops,” a morale, welfare and recreation program currently traveling across the globe bringing good times to service member from Afghanistan to Hawaii.

Iglesias says he does these shows to serve the nation’s heroes, but for Sgt. Jason Weaver, 95th Engineering Company, 65 Eng. Battalion, 84 Engineer Brigade, 8th Theater Sustainment Command, and one of three Army meet and greet winners, Iglesias is the hero.

“It’s real cool that he says I’m doing this because you’re the heroes of America, “ said Weaver. “But what’s really great is to see someone I see as a hero. He’s clean, he’s sincere and shows you don’t have to be off-color to be funny.”

But the meeting of heroes may not have happened if it wasn’t for a stroke of good luck and even better timing.

Weaver, currently deployed to Afghanistan at Camp Leatherneck, helped pass the time by watching videos of Iglesias’ performances. But the chance to see the man who helped bring Weaver laughter during the deployment suddenly came up.

“I was coming home on R&R (rest and recuperation) when my wife asked, ‘Hey, do you want to see Iglesias because he’s playing here in Hawaii?’” Weaver said.

And, without hesitation Weaver responded with a resounding “Yea!”

Weaver’s wife entered U.S. Army Garrison-Hawaii’s Directorate of Family and Morale, Welfare and Recreation recent contest to meet Iglesias. She won, but then replaced her name with her husband’s name.

Iglesias performed jokes and discussed his relationship with his son, his girlfriend and his life. The themes resonated with the crowd and with Weaver during his meet and greet.

“He’s just a regular guy,” said Weaver.

Weaver returned to Afghanistan May 12.

Army Family Child Care offers options

RITA CLARE HALL
Directorate of Family and Morale,
Welfare and Recreation

SCHOFIELD BARRACKS — Many military families are unaware of the Army’s Family Child Care Program, or FCC, as a viable child care option.

The program provides certified, trained family child care providers who offer high quality child care for up to six children, including their own under age 8, in their homes. All providers are military family members.

FCC homes offer trained providers who engage children in developmentally appropriate activities designed to enhance their social, emotional, cognitive and physical development.

A typical FCC program day includes breakfast, music, story time, arts and crafts, outdoor play, games. Family-style dining is practiced and all food served is healthy and follows U.S. Department of Agriculture nutritional guidelines.

“If you have a passion for children, this is the job for you,” said Marta Rivera, an AMR FCC provider.

Rivera learned about the program in 1999 when her family was stationed in Germany. She applied and became a certified FCC provider.

She said she gets great satisfaction from helping military parents, and in the trust they place in her to provide safe, quality child care for their children.

Army Family Child Care Provider

Interested in becoming a certified Army FCC provider or finding out when the next new applicant briefing is? Call 655-8373.

Currently, the program is available at Schofield Barracks and at Wheeler Army Airfield, Helemano Military Reservation and Aliamanu Military Reservation. In the near future, the program will be available at Fort Shafter. Most FCC provider’s homes are open 6 a.m.-5:30 p.m., Monday-Friday.



Courtesy Photo

Marta Rivera, a trained and certified FCC provider at AMR, engages in arts and crafts with children in her care.

Tips offered to reduce, manage stress of daily life

JEFFREY M. SOARES
U.S. Army Medical Research and Materiel Command Public Affairs

FORT DETRICK, Md. — Although the overall stress level for Americans continues to drop, stress levels remain high and exceed healthy levels. Add to that military life factors including deployment, re-deployment and combat.

The Army is currently developing and scientifically testing different stress reducing strategies, including mindfulness-based methods, yoga, and mind-body approaches.

“Stress is one of the leading contributors to preventable disease,” said Dr. Deborah Morrone, Chiropractic Wellness Center, Frederick, Md. “It doubles the rate of heart and cardiovascular problems, substance abuse, and infectious diseases, and it may increase the average rate of some cancers by up to five times.

“When you experience stress, your body responds by increasing the release of hormones such as cortisol and adrenaline, so that your body goes into a state of ‘fight or flight,’” Morrone added. “Too many people are stuck in this mode, and their stress response stays in high gear, which leads to chronic health problems.

“Most people don’t consider that these various symptoms might be all parts of the same problem,” Morrone concluded. “The body functions as a whole integrated



grated unit. By focusing on treating just the symptoms, the big picture often gets overlooked.”

Morrone said that a little self-care can go a long way. And the mantra she advocates is simple: Eat well, move well, think well.

Eat well

As the saying goes, we are what we eat, and this is critical when trying to fend off the negative effects of stress on one’s body. A varied diet of whole, natural, unprocessed foods like 100-percent whole grains, fruits and vegetables, meats and fish, nuts and legumes, and dairy products is best.

Also be aware of undetected food sensitivities and allergies that keep the immune system and stress hormones running on “high,” leading to chronic fatigue, digestive problems, and depression.

Move well

“Physical activity works better than medication for depression,” Morrone said. “It increases endorphins, which are your body’s natural painkillers, improves lung capacity and heart function, and improves digestion by helping with movement of the digestive tract.”

As nerve and joint function improves, overall stress levels in the entire body begin to improve.

Think well

Morrone said there are basically two types of problems: those you can do something about, and those you cannot do anything about. She suggests making a list of all of the stressors in one’s life.

“When you see the list of items, one by one, in black and white,” Morrone said, “then you have to ask yourself, ‘What is really important? Will this problem matter 10 minutes from now, 10 days from now, 10 months from now, or 10 years

from now?’ If not, let it go and move on to the next problem, and soon you’ll see that most of the things troubling you aren’t really major problems at all.”



CONTINUED FROM B-2

pool or portions from 6-9 a.m. for unit physical training only.

Units must provide Red Cross-certified lifeguards based on the type of training and the number of Soldiers attending.

Reservation forms must be completed and submitted to Richardson Pool for approval no less than two weeks before the training date.

The pool is not available for use on the first Tuesday of the month. Call 655-9698/1128 or email babette.b.hendry.naf@mail.mil.

Ladies Golf Clinic — Every first Saturday of the month, Leilehua Golf Course holds a free ladies golf clinic, 1:30-3 p.m. Call 655-4653.

BOSS Blood Drive — Better Opportunities for Single Soldiers, or BOSS, is sponsoring a blood drive, 10 a.m.-1 p.m. (longer, if needed), May 10. Call 655-1130.

Warrior: Army skills tested

CONTINUED FROM B-1

short weeks, but these Soldiers already have a plan.

“There has to be a balance between work and play,” Williams said. “This weekend I am going to relax and spend some time at the beach, but come the work week, I start my preparation for the next competition.”



Sgt. 1st Class David Wheeler | 8th Theater Sustainment Command Public Affairs

Sgt. Thomas Calhoun, 558th MP Co., 728th MP Bn., 8th MP Bde., stands at attention during his board at the 8th TSC’s Best Warrior Competition, at Area X on Schofield Barracks, May 8.



Spc. Tiffany Dusterhoft | 8th TSC Public Affairs

Sgt. Erik Williams, heavy construction equipment operator for the 561st Eng. Co., 84th Eng. Bn., 130th Eng. Bde., prepares a nuclear, biological and chemical report.



Submission PSA
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